## Menu

Dietary Requirements

## Mayfield School

Week 6	Monday 17/05	Tuesday 18/05	Wednesday 19/05	Thursday 20/05	Friday 21/05	Saturday 22/05	Sunday 23/05
	Fried Egg	Big Croissant	Bacon	Sausages	Hash Browns	Bacon	
Cooked Breakfast	Mini Waffles	Sliced Tomato	Poached Eggs	Scrambled Eggs	Boiled Egg	Mushrooms	
	Plum Tomatoes Baked Beans	Ham Cheese	Mushrooms	Baked Beans	Grilled Tomatoes  *Hot Chocolate	Scrambled Egg Baked Beans	
Lunch Main Meal	Creamy Salmon, Prawn & Dill Tagliatelle	Chicken Chow Mein	BBQ Pork Ribs	Hungarian Beef Goulash	Deep Fried Calamari & Lemon Mayo	Croque Madam (Cheese & Ham)	Roast Leg of Lamb with N Sauce & Gravy
Lunch Vegetarian	Margherita Flatbread Pizza	Vegetable Chow Mein	Roasted Teriyaki Mushroom & Tenderstem Broccoli Soba Noodles	Courgette & Leek Mac 'n' Cheese with Garlic Sourdough Breadcrumbs	Portobello Mushroom & Halloumi Burger with Tomato Relish	Croque Monsieur (Cheese & Tomato)	Smoked Cheddar & Sprii Onion Quiche
Lunch Side Dishes	Steamed Greens	Spring roll & steamed Chinese leaf, baby corn and pak choi	Skinny Fries & Sweetcorn	Smoked Paprika Roast Potatoes, Green Beans & Broccoli	Chips & Mixed Vegetables	Crisps, Coleslaw & Salad	Thyme Roast Potatoes, Carrot & Swede Mash & P
Salad Bar Specials	Roasted Beet, Carrot & Lentil Salad Sweet Potato Salad with Chipotle Lime Mayo	Harissa Salmon with Lemony Giant Couscous Grilled Courgette, Goats Cheese & Pine Nut Salad	Pomegranate Glazed Chicken with Red Quinoa Butternut Squash & Barley Salad	Greek Orzo Salad Mexican Street Corn Salad	Smoked Mackerel Pilau Salad Cauliflower, Courgette & Wild Garlic Pesto Salad	Salad of the Day	
acket Potato & Topping	Baked Beans	Baked Beans or Tuna & Sweetcorn	Baked Beans	Baked Beans or Coronation Chicken	Baked Beans	Baked Beans	Baked Beans
Lunch Dessert	Eton Mess	Mocha Tart	Raspberry White Chocolate Traybake	Pear & Blackberry Pie with Custard	Banoffee Pie	Dessert of the Day	Dessert of the Day
Supper Main Meal	Nando's Style Chicken	Beef Burrito Bowl	Chicken Ballantine	Hot & Sour Asian Spiced Pork Belly & Plum Bao Buns	Garlic & Chilli Oil Linguine Garlic Focaccia Bread, Tenderstem Broccoli	Breaded chicken escalpe with garlic butter	Pizza Night
Supper Vegetarian	Nando's Style Cauliflower Steak	Quorn Burrito Bowl	Cauliflower Wellington	Sticky Jackfruit Bao Buns		Portabella mushroom with breadcrumbs & garlic butter	
Supper Side Dishes	Edamame & Pearl Barley Salad with Wedges & Slaw	Rice, Beans, Sweetcorn, Guacamole & Soured Cream	Roast Potatoes & Herby Carrots	Kimchi Cheese Fries & Pickled Cabbage		Mash potato & Pea	
Supper Dessert	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Fresh fruit, yoghurt and jellies

We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.

Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.