Menu



Mayfield Girls School

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Week 6	Monday 13/12	Tuesday 14/12	Wednesday 15/12	Thursday 16/12	Friday 17/12	Saturday18/12	Sunday 19/12
Cooked Breakfast	Fried egg, mini waffles, plum tomatoes and baked beans	American pancakes with Greek yoghurt and whipped cream, and berries	Bacon, poached eggs and mushrooms *Fresh smoothies	Smoked salmon, scrambled eggs, avocado & bagel	Hash browns, fried egg, and grilled tomatoes *Hot chocolate		
Lunch Main Meal	Chicken, mushroom, leek and spinach filo pie	Mexican beef enchiladas	Sweet and sour chicken	Mayfield Christmas Lunch Roast turkey, thyme roast potatoes, braised red cabbage, roast carrots and parsnips, buttered Brussel sprouts, pigs in blankets and cranberry sauce Brie and cranberry wreath (v)	Fish of the day		
Lunch Vegetarian	Macaroni cheese	Mushroom stroganoff	Crusted halloumi, black beans and pico de gallo in a soft taco		Aubergine rolls with spinach and ricotta		
Lunch Side Dishes	Roasted new potatoes, carrots and peas	Paprika roast potatoes, corn on the cob and Mexican slaw	Steamed rice with stir fried Asian greens		Chips and mixed vegetables		
Salad Bar Specials	Roasted beet, carrot and lentil salad Sweet potato salad with chipotle lime	Harissa salmon with lemony giant couscous Grilled courgette, goats cheese and	Salad selection		Salad selection		
Soup	mayo	pine nut salad	Soup of the day				
Jacket Potato & Topping	Baked beans	Baked beans	Baked beans				
		Tuna and sweetcorn					
Lunch Dessert	Christmas bread and butter pudding	Lemon NY cheesecake with blueberry compote	Sticky toffee pudding and cream	Chocolate and honeycomb tart or Christmas pudding and brandy cream			
Supper Main Meal	Mediterranean flatbread pizzas	Pork gyros	Korean Beef bibimbap	cucumber maki, miso soup, edamame salad and miso roasted aubergines			
Supper Vegetarian		Spinach and feta spanakopita with honey & fig	Korean aubergine bibimbap				
Supper Side Dishes	Homemade potato wedges & coleslaw	Flatbreads, hummus, tzatziki, French fries and Greek salad	Noodles, pickled carrots, bok choi, red pepper stir fry				
Salad Bar		A variety of	salads available daily	, including mixed side	e salads, pasta salads,	grain salads	
Jacket Potatoes/ Pasta	Jackets & beans	Pasta and tomato sauce	Jackets and beans	Pasta and pesto			
Dessert	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies	Ice cream/frozen yoghurt, fresh fruit & jellies	Fresh fruit, yoghurt and jellies			
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						